

Tried & tested:

Travel-friendly holiday beauty essentials

Letting off with hand luggage only? **Alicia Miller** has the lowdown on hard-working products that'll help you pack light *and* look lovely



PHOTOGRAPH: DENNIS PEDERSEN

1 The sunscreen

Coola Travel-size SPF30 Pina Colada Sunscreen Spray

Size: 100ml

Why this? Coola's organic sunscreen spray is hard to beat. It's easy to apply, misting on effortlessly, and even better to wear — clear, weightless, non-greasy and it smells ace. It's also water-resistant for 40 minutes, and unlike many sunscreens, contains no oxybenzone (a chemical that harms reefs). And at 100ml, it meets the single-product liquid allowance. £22, cultbeauty.co.uk

2 The all-in-one hair fix

Bumble and Bumble Hairdresser's Invisible Oil Heat/UV Protective Primer

Size: 60ml

Why this? You don't have space for a bottle each of conditioner, hairspray and primer, so try this mini all-in-one. Use a small amount on wet hair and it acts as a leave-in conditioner that de-frizzes, detangles and softens. Use on dry hair, and it creates beachy waves or can act as a light-hold hairspray. It's a heat and UV protector, too, so it shields scalps and locks from damaging holiday rays. £12; bumbleandbumble.co.uk

3 The body moisturiser

Sol de Janeiro Coco Cabana Cream

Size: 75ml

Why this? Firstly, it's ultra-hydrating — no matter how much moisture has been sapped from your skin, this cream instantly creates a long-lasting, grease-free dewiness. Secondly, a little goes a long way; it took us a fortnight to get through this little jar, using the cream every day. And it smells *amazing*. The brand calls the aroma 'coconut, toasted praline and tropical orchid', but we call it 'holiday paradise'. Don't pack perfume — you won't need it. £18; selfridges.com

4 The hydrating mask

Charlotte Tilbury Instant Magic Facial Dry Sheet Mask

Size: 2.3g

Why this? Aeroplane air sucks moisture from your face, leaving it dry and dull. Sheet masks provide a boost to get skin back to glowing, but most come in a sloppy wet form — with so much gloop inside their packets that airports can consider them to be liquids. This mask is dry, delivering hydration without using any of your precious one-litre total liquid allowance. It's effective for up to three uses, too. £18; charlottetilbury.com

5 The mascara

Too Faced Travel-size Better than Sex Waterproof Mascara

Size: 4.8ml

Why this? There's a reason why Better than Sex is America's bestselling mascara — it evenly coats lashes in intense black, making them look longer and volumised, but not clumpy (the secret is in the brush shape). This waterproof mini version is perfect for trips: robust enough to endure anything from an in-flight eye mask to a plunge in the hotel pool. £10; lookfantastic.com

6 The shampoo

Rescue My.Hair Shampoo Bars

Size: 80g

Why this? Solid shampoo is a no-brainer for carry-on-only trips — unlike stingy (and unsustainable) mini plastic hotel bottles, they last for ages and are eco-friendly. Many bars lack lather, resulting in hair that feels tangled, dry and not very clean — but not so with Rescue My.Hair, which froths easily, leaving locks soft and silky (it can double as a body wash, too). Four types are available — Volume, Hydrate, Smooth or Pollution Patrol — but we couldn't detect too much difference between them, so just pick the scent you like best (see my-haircare.com for aromas). £13.95; beautybay.com

7 the face wash

Ursa Major Essential Face Wipes

Size: 20 wipes

Why this? Although they're moist, face wipes aren't classified as liquids by airport security, so you can pack loads. Ursa Major's bamboo-based jobs are superb — soft yet exfoliating — and will remove even waterproof mascara. Skin is left residue-free and moisturised. They're big enough to mean they can be used twice — or applied to your body to freshen up on a long journey. 20 pack £28 with shipping; ursamajorvt.com

8 The lip balm

Fresh Tinted Lip Treatment SPF15

Size: 4.3g

Why this? Skin-drying aeroplane cabin air and holiday sun means you need extra help to keep your lips hydrated when travelling. But that doesn't mean foregoing a pop of colour. Many lipsticks are dehydrating, but Fresh's 2-in-1 treatment stick protects and moisturises while adding hue. It comes in 13 shades, from barely-there pink to bright red, but we love the coral-red 'Punch', pictured. £19.50; fresh.com

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Your clear, carry-on liquids bag must not exceed this volume — and no single product inside it may be larger than 100ml. Carry-on weight restrictions vary between airlines, however. For example, BA allows 23kg, but Virgin Atlantic just 10kg.